

We're Here to Help!

Resource Guide for Faculty and Staff



ST. FRANCIS XAVIER
UNIVERSITY

We know it can be difficult to know where to go for support when you or someone you know - like a colleague or a student - is having trouble. This guide provides information on the various supports available on campus.

Human Rights and Equity

We can help **students, faculty and staff** experiencing **harassment and/or discrimination**.

Contact Megan Fogarty at
mfogarty@stfx.ca or x5306.

www.stfx.ca/student-services/support-services/human-rights-equity

Sexual Violence Prevention and Response

We can help **students, faculty and staff** impacted by **sexual violence**.

Contact Heather Blackburn at
hblackbu@stfx.ca or x5601.

www.stfx.ca/student-services/support-services/visible-at-x

People and Culture

We can help **faculty and staff** experiencing **harassment, conflict or other workplace issues**. Contact:

- Daniel Draper (ddraper@stfx.ca, x2391)
- Alison Sampson (asampson@stfx.ca, x5236)
- Carla Gillis (clgillis@stfx.ca, x2466)
- Erica Baker (ebaker@stfx.ca, x5038)

www.stfx.ca/people-culture

Health and Counselling

Students can access **medical care and mental health support** at the Health and Counselling Centre. In-person and online resources can be accessed by:

- Visiting 305 Bloomfield Centre
- Calling 902-867-2263
- Booking through the [Health Myself Portal](#).

www.stfx.ca/student-services/support-services/health-counselling

Employee and Family Assistance Program

Faculty and staff (and their dependents) can access **mental health support** through our Employee and Family Assistance Program. Access the program by:

- Calling 1-833-707-4747.
- Visiting the GreenShield+ website at app.greenshieldplus.ca using the company code STFX.