

Undergraduate Courses

Spring 2026

Students are bound by all regulations set forth in the current [St. Francis Xavier Academic Calendar](#).

Please visit the [StFX Online Undergraduate Courses](#) website for information regarding Important Dates, Tuition, Payments, Receipts, Refunds, and Proctoring/Exams.

Room codes: JBB (J. Bruce Brown), PSC (Physical Sciences Centre), ESC (Exercise Sciences Centre), ASCHL (Amelia Saputo Centre for Healthy Living)

UNDERGRADUATE COURSES - SPRING SESSION

ON-CAMPUS

April 27 - May 15 (unless otherwise indicated)

ON-CAMPUS SPRING COURSES	DATES	DESCRIPTION
HKIN 265.66 Exercise Physiology CRN CRN Lab TBD TBD-Lab	April 27 - May 15 Lab Exercise Science Building 42 West St. 120 Metabolic Room Online Course times: 8:30am - 11:30am (days with no labs) & 8am - 9am (days with labs) On-campus Labs: April 29, 30, May 1, 4, 5 9:00am - 12noon	An introduction to the responses and adaptations (acute and chronic) of the musculoskeletal, cardiovascular, and respiratory systems to disruptions to homeostasis due to muscular activity. Credit will be granted for only one of HKIN 265 or HKIN 365 or HKIN 398. Prerequisites: HKIN 151/152 or HKIN 161/162 or BIOL 251/252. Three credits and a lab.
HKIN 321.30 Advanced Care and Prevention of Athletic Injuries CRN TBD	April 27 - May 15 1:00 pm - 4:00pm Monday - Thursday Room ASCHL 3046	An in-depth study of the assessment and management of athletic injuries. Students will learn proper assessment protocol, advanced assessment techniques, and specialized taping techniques. Prerequisite: HKIN 161/162 or HKIN 151 or BIOL 251; HKIN 222. Three credits.

ONLINE

April 27 - June 19 (unless otherwise indicated)

ONLINE SPRING COURSES	DATES	DESCRIPTION
ANTH 112.66 Introduction to Socio-cultural Anthropology CRN TBD	April 27 - June 19 Online	Socio-cultural anthropology involves the comparative study of societies throughout the world. Students will learn how societies differ from each other, as well as observing similarities among them. The course surveys traditional ways of understanding cultures while incorporating current insights and research. Topics include diverse political and economic systems, kinship patterns, religion, forms of ethnic and gender identity, health and medicine, development and migration. Department foci relating to Indigenous peoples, development and general anthropology are introduced. Three credits.
AQUA 101.66 Introduction to Freshwater Systems and Resources CRN CRN Lab TBD	April 27 - June 19 Online	This course introduces freshwater ecosystems and the links between human water use and freshwater resources. Students are asked to consider water-related challenges such as climate change, population growth/demand, eutrophication, and pollution. Examples highlight the interplay between humans and freshwater within the framework of the UN Sustainable Development Goals, Blue Economy, and current events. Topics include water as a unique substance, ecological principles, management practices, governance, groundwater, lakes, and rivers. Lab and field trips components are remote-home based. Credit will be granted for only one of AQUA 101 or AQUA 100. Three credits.
ART 101.66 Introduction to Drawing I CRN TBD	April 27 - June 19 Online	This course will introduce students to the art of drawing. Students will become familiar with conventional drawing materials including graphite, charcoal, conté, ink, and pastel. A disciplined daily working practice and routine will develop throughout the course, offering students transferable skills to all their academic pursuits. This course aims to encourage students to engage in further artistic study and life-long learning. Credit will be granted for only one of ART 101 or ART 100. Three credits.
ART 265.66 Introductory Animation CRN TBD	April 27 - June 19 Online	In this course, students will learn the basics of animation. Projects include simple 2D animation and stop-motion. There is a self-directed final project in which students will expand on acquired technical and theoretical knowledge of animation fundamentals. Animation comes in many styles, so a high level of drawing skill is not a requirement for this course. A laptop and digital camera are necessary. Open-access free animation software will be used. Three credits.
ART 271.66 Introduction to Digital Photography CRN TBD	April 27 - June 19 Online	This course is designed for students interested in learning to effectively use digital photography as a means for self-expression, artistic medium, or cultural comment. No equipment is required, except for a smart phone. Credit will be granted for only one of ART 271 or ART 297 ST: Digital Photography. Three credits.
BIOL 220.66 Biological Perspective of Health & Environmental Issues CRN TBD	April 27- July 10 Online	This course is restricted to students in particular degree programs, as outlined below. This course concerns how scientific principles are established. Topics include evolution and diversity, ecology and food, human evolution and population, diabetes, homeostasis, HIV and vaccines, antibiotic resistance, and cancer. Acceptable for credit only in the Faculties of Arts and Business; in the BASC programs; in the HKIN programs; and as an open elective in the BSc in Nursing and the BSc in Human Nutrition. Direct all inquiries and override requests to STFX ONLINE. Six credits.

ONLINE SPRING COURSES	DATES	DESCRIPTION
BSAD 111.66 Introduction to Business CRN CRN Lab TBD TBD -Lab Instructor	April 27 - June 19 Online	An introduction to the Canadian business environment including exposure to the issues, trends, forces, organizations and personalities affecting businesses in Canada. The course exposes students to the types of teaching/learning experiences they will encounter in the BBA program, including case studies, teamwork, exercises, presentations, simulations, readings and lectures. Credit will be granted for only one of BSAD 111 or BSAD 101. Three credits and lab.
BSAD 221.66 Introductory Financial Accounting CRN TBD	April 27 - June 19 Online	An introduction to basic concepts, principles, and procedures underlying financial accounting and financial statement preparation and interpretation. Prerequisites: BSAD 111, 112. Three credits.
BSAD 231.66 Foundations of Marketing CRN TBD	April 27 - June 19 Online	Customers do not buy products: they buy benefits, satisfactions, and solutions. Students will leave this course with the client focus central to effective marketing. The course introduces core marketing concepts, employs exercises and cases to develop students' analytical skills, and provides an opportunity to demonstrate these skills through development of a comprehensive marketing plan. Prerequisite: BSAD 101 or 112 or PB DIP standing. Three credits.
BSAD 281.66 Technology Management CRN TBD	April 27 - June 19 Online	This course introduces technology deployment and management in organizations. Through cases and hands-on use of leading software solutions, students will explore how technology enables and supports the innovativeness and competitiveness of organizations. Topics include technology's relationship to organizational effectiveness and strategic positioning, IT management, enterprise systems, security, social media, business intelligence and analytics, and ethics. Cases of leading tech companies and radical innovations are used to illustrate concepts. Credit will be granted for only one of BSAD 281 or INFO 102. Prerequisite: BSAD 112/102 or PB DIP ENITM standing. Three credits.
BSAD 345.66 Personal Financial Management CRN TBD	April 27 - June 19 Online	This course draws on the principles of finance and applies them to decisions faced by individuals in the management of their personal finances. The course explores the planning process using readings, cases and problems. Prerequisite: BSAD 241. Three credits.
BSAD 363.66 Human Resource Management CRN TBD	April 27 - June 19 Online	A review of the many functions of human resource management, including but not limited to employee selection, development, appraisal and compensation, in addition to the broader social and legal context which influences the HR practice. This course makes a case for the strategic role that proper management of human resources plays in successful organizations while providing an important critique of the practice. Credit will be granted for only one of BSAD 363 or SMGT 322 completed prior to 2024-2025. Prerequisite: BSAD 261. Three credits.

ONLINE SPRING COURSES	DATES	DESCRIPTION
<p>CHEM 101.66 General Chemistry I</p> <p>CRN CRN Lab</p> <p>TBD TBD: Lab Instructor</p>	<p>April 27 - June 19 Online On-Campus Labs: NSFC 2037 April 27-28 9:00 am - 12pm 1:30 pm - 4:30 pm April 29 9:00 am - 12pm</p>	<p>Fundamental principles of chemistry, including the nature of atoms, ions and molecules, and stoichiometry chemistry of aqueous solutions including oxidation-reduction reactions, equilibrium and acid/base chemistry with a focus on buffer solutions; thermochemistry and chemical thermodynamics. The application of chemical principles in areas of interest to students in the life sciences, human nutrition and human kinetics are emphasized. Credit will be granted for only one of CHEM 101, CHEM 100, CHEM 120, or CHEM 121. Three credits. Includes mandatory on-campus lab component.</p> <p>*Students are responsible for additional fees associated with local accommodations if required.</p>
<p>CSCI 161.66 Introduction to Programming</p> <p>CRN CRN Lab</p> <p>TBD</p>	<p>April 27 - June 19 Online</p>	<p>An introduction to computers, algorithms, and programming. Topics include problem analysis, algorithm development, data representation, control structures, arrays, and file manipulation. Three credits and a two-hour lab.</p>
<p>ENGL 111.66N Literature and Academic Writing I</p> <p>CRN</p> <p>TBD</p>	<p>April 27 - June 19 Online</p>	<p>This course provides students with the key skills needed to succeed at university. You will learn how to write argumentatively; how to build a question or problem from a close-reading of a literary work; how to develop that argument by presenting and analyzing evidence; how to engage in scholarly debate; how to do university-level research. Credit will be granted for only one of ENGL 111, 100 or 110. Three credits.</p>
<p>ECON 101.66 Introductory Microeconomics</p> <p>CRN</p> <p>TBD</p>	<p>April 27 - June 19 Online</p>	<p>This course provides an introduction to microeconomic concepts and methodology. Students will learn about basic concepts such as scarcity and opportunity cost, and economic efficiency. The other central themes of the course include theories of supply and demand; the theory of production and costs, the functioning and the performance of competitive markets versus monopolies and oligopolies; labour markets and the markets for public goods. Three credits.</p>
<p>FREN 112.66 Basic University French II</p> <p>CRN Lab CRN</p> <p>TBD</p>	<p>April 27 - June 19 Online</p>	<p>This intensive course is a continuation of FREN 111 and corresponds to level A2 of the Common European Framework of Reference for Languages (CEFR). Students will learn to understand and communicate during easy or habitual tasks and will understand isolated phrases and common expressions that relate to areas of high personal relevance (like personal or family information, shopping, immediate environment, work). This course is recommended for students with some background in French or who have completed grade 12 Core French. Credit will be granted for only one of the FREN 112 or FREN 110. Three credits and one-hour lab.</p>
<p>HLTH 398.66 Evaluation of Public Health Programs & Interventions</p> <p>CRN</p> <p>TBD</p>	<p>April 27 - June 19 Online</p>	<p>This course will introduce students to theories and practical tools for the program planning and evaluation cycle. Students will gain an understanding of theoretical underpinnings in evaluation, understand the role of program theory, discern between evaluation designs including formative and summative evaluations and gain applied skills in the evaluation process. Specifically, students will learn how to conduct a community needs assessment, develop logic models, identify evaluation questions with relevant process and outcome indicators, identify appropriate data collection methods and complete the knowledge translation and exchange cycle. Considerations in conducting culturally appropriate evaluations will be discussed throughout. Three credits.</p>

ONLINE SPRING COURSES	DATES	DESCRIPTION
HIST 132.66 Global History: Illicit Cargos and the Making of the Modern World (1789-present) CRN TBD	Synchronous Dates/Times: TBD	The ideas that sparked early-modern Atlantic revolutions resulted from earlier exploration and the exchange of people, goods, and ideas. The world has remained interconnected ever since. This course examines how this is the case by investigating human society and the historical processes that have shaped institutions and ideas since the 18th century. It will do so through a focus on the goods being exchanged - from sugar and spice to ivory and opium, and what that meant in society. Credit will be granted for only one of HIST 132 or HIST 110, HIST 112, HIST 122, HIST 142. Three credits
HIST 323.66 Canadian Immigration, Race and Ethnicity from 1896 CRN TBD	April 27 - June 19 Online	This course traces the history of Canadian immigration, settlement, ethnicity, race relations, and multiculturalism from 1896 to the present. It demonstrates the central contribution of immigrants to the formation of Canada while also introducing important debates about immigration policy, refugees, minority rights, equality of opportunity, racism, ethnic identity, the commemoration of ethnic pasts, the creation of transnational communities, concepts of citizenship, and the policy of multiculturalism. Offered online only. Three credits.
HKIN 162.66 Applied Human Anatomy CRN CRN Lab TBD	April 27 - June 19 Online	The human body operates by the intricate coordination of multiple systems. Each has a purpose and is regulated at the cellular, tissue, and organ levels. The focus of this course is to understand the structure, function, and organization of musculoskeletal structures, including bones, joints, and muscles. Individual and combined functions will be outlined for the nervous, skeletal, and muscular systems. Students will explore these concepts in complementary laboratory activities. Credit will be granted for only one of HKIN 162, HKIN 151/152, BIOL 151/152 or 251/252. Three credits and lab.
HNU 142.66 Introduction to Food and Health CRN TBD	April 27 - June 19 Online	This introductory course exposes students to the range of subject matter covered in the degree program and provides an introduction to the field of nutrition. The role of nutrients in a healthy diet is featured along with identifying the behavioural, social and political factors that impact food choice. Students will discuss nutrition in the media and will begin to work with food guidance tools to explore nutrition and health promotion. Credit will be granted for only one of HNU 142, HNU 135, HNU 161, HNU 185 or HNU 215. Three credits.
HNU 163.66 Nutrition for Health and Fitness CRN TBD	April 27 - June 19 Online	Students will learn basic nutrition science principles with emphasis on energy, macronutrients, vitamins and minerals required by humans for health and fitness. Topics will include foundational nutrition guidelines, nutrient functions, their food sources and how the body handles them. The role of nutrients, a healthy diet, fluid and supplements in exercise will be emphasized. Not acceptable for credit in the BSc HNU or BSc HKIN minor in nutrition programs. Open to students in all faculties. Credit will be granted for only one of HNU 163, HNU 298(2021-2024) and HNU 363. Three credits.
MUSI 214.66 History & Instrumental Techniques CRN TBD	April 27 - June 19 Online	An overview of the guitar and its influence as a musical instrument in western music. Key figures, innovators, builders and performers will be studied in depth. Students will learn the basics of the instrument from its history to actual techniques on how to play. A guitar is required. Not acceptable for credit in bachelor of music programs. Three credits.

ONLINE SPRING COURSES	DATES	DESCRIPTION
PSCI 345.66 Women and Politics CRN TBD	April 27 - June 19 Online	An introduction to the study of women and politics, this course has three parts: feminist political thought and the women's movement; political participation and representation; and public policy. Topics include feminist political thought in the Western political tradition; the evolution and politics of women's movement, women's participation in political parties and legislatures; women and work; women and the welfare state. Cross-listed as WMGS 345. Prerequisite: PSCI 101, 102 and 3 credits of PSCI at the 200-level (211 or 212 recommended). Three credits.
PSCI 353.66 International Organizations CRN TBD	April 27 - June 19 Online	A study of the development and role of international organizations in global politics, examining the achievements and limits of institutionalized multilateral cooperation among states. Institutions examined include the UN, NATO, the WTO, the IMF, and the World Bank. Prerequisites: PSCI 101, 102 and 3 credits of PSCI at the 200-level (251 or 252 recommended). Three credits.
PSYC 101.66 Introduction to Psychology as a Natural Science CRN TBD	April 27 - June 19 Online	Topics include research methodology, neuroscience, consciousness, sensation and perception, learning, memory, and cognition. Students have an opportunity to be involved with ongoing research in the department by participating in experiments during the course of the academic term. Credit will be granted for only one of PSYC 101 or PSYC 100. Three credits.
PSYC 363.66 Applications of Psychology to Society CRN TBD	April 27 - June 19 Online	This is a lecture course in which applications of psychology to society will be considered. This course provides students with an in-depth understanding of the tools of persuasion (e.g., consistency, reciprocity, liking, social proof, persuasive language, non-verbal cues), how to use these tools in an ethical manner, and apply them to solving everyday life and real-world problems. Prerequisites: 6 credits of PSYC at the 200 level. Three credits.
PSYC 372.66 Cultural Psychology CRN TBD	April 27 - June 11 Online	The focus of this course is on how culture influences human behaviour and mind. The evolution of culture is considered as we dissect the debate surrounding claims that culture exists outside of the human species. Contemporary research and theory in human development and socialization, self-identity and cultural constructs of collectivism and individualism, acculturation and multiculturalism, building relationships with others, conceptions of health and healing, and the impact of culture on the basic psychological processes will be covered. Prerequisites: 6 credits of PSYC at the 200 level. Three credits.
PSYC 383.66 Adolescence and Emerging Adulthood CRN TBD	April 27 - June 19 Online	This course will provide an in-depth, scientifically based understanding of development in adolescence and emerging adulthood. Important changes in physical, cognitive, social/emotional development will be discussed, as well as psychosocial issues experienced by adolescents and young adults (e.g., identity, intimacy, risk behaviors) and the contexts in which these developmental tasks occur, including family, relationships, and culture. Credit will be granted for only one of PSYC 383 or PSYC 385. Prerequisites: 6 credits of PSYC at the 200 level. Three credits.

ONLINE SPRING COURSES	DATES	DESCRIPTION
RELS 216.66 Superheroes and the Supernatural CRN TBD	April 27 - June 19 Online	This course is an introduction to the use of supernatural imagery and themes in current tales of superheroes. How are supernatural beings and forces incorporated into the stories? How do superheroes function as divine beings? In which ways are the messages presented by DC and Marvel derived from those of world religions? In which ways do they serve as substitutes for religion? Credit will be granted for only one of RELS 216 or RELS 298 (2020-2022). Three credits.
RELS 225.66 Cults and Alternative Religions CRN TBD	April 27 - June 19 Online	A study of cults in the context of 20 th century North American society, beginning with defining cults in relation to sects and churches. Topics include neo-paganism, Hare Krishna, the theosophical tradition, the Unification Church, tragic endings to cults such as the Branch Davidians and Heaven's Gate, why people join cults; and the religio-cultural significance of cults today. Three credits.
RELS 375.66 Islam in Canada CRN TBD	April 27 - June 19 Online	Students gain an understanding of the diversity of Islam and Muslims in Canada. The course examines how Muslims negotiate their religious identities in Canadian civic society. Students engage critically with different theoretical models shaping conceptions of identity and consider their relevance to public policy debates. The course uses Muslim and non-Muslim authors representing diverse points of view that have an impact on questions of immigration, multiculturalism, and religious pluralism. Cross-listed as SOCI 374. Three credits.
SOCI 101.66 Introduction to Sociology I CRN TBD	April 27 - June 19 Online	This course introduces students to the origins and development of sociological thinking and research, beginning with the foundations of the discipline in the 19th century. Students are then introduced to the concepts and methods within sociology. The objective is to explore the extent and limits of our capacity to change the social world by reference to sociological research in both a Canadian and global context. Credit will be granted for only one of SOCI 101 and SOCI 100. Three credits.
SOCI 221.66 Marriage and Family Life CRN TBD	April 27 - June 19 Online	This course analyzes marriage and family life from a sociological perspective. It provides an overview of social changes over the past century, such as the falling birth rate, the rise in cohabitation and the legalization of same-sex marriage. Topics include marriage and fertility trends, the rise of intensive parenting and the dual earner family, the normalization of separation and divorce, the social cost of family violence, and how technology is influencing parenting. Cross-listed as WMGS 221. Prerequisites: SOCI 101, 102. Three credits.

ONLINE SPRING COURSES	DATES	DESCRIPTION
SOCI 237.66 Social Justice CRN TBD	April 27 - June 19 Online	The course introduces students to social justice theory and research. Students will examine social movements and theories (e.g., postcolonial theory, black feminist thought, and indigenous perspectives) that helped shape conceptions of social justice. Students will examine social justice research in areas such as environmental racism, barriers to health care, education, and employment, and barriers and challenges to achieving social justice. Credit will be granted for only one of SOCI 237 or SOCI 297 (2020-2021). Prerequisites: SOCI 101, 102. Three credits.
SOCI 313.66 Conceptions of Disability CRN TBD	April 27 - June 19 Online	An introduction to the field of disability studies, this course examines the ways in which disabled people and disability issues are defined and treated in contemporary society. Social and political conceptions of disability are contrasted with medical and individualistic definitions of disability with the aim of developing a critique of taken-for-granted conceptions of normal bodies, minds, and senses. Community-based contributions and responses to disability knowledge are emphasized and common ideas and assumptions about disability are situated historically to illustrate changing relations to disability over time, and to the role of disability knowledge in social change. The experience of disability will be stressed. Prerequisites: SOCI 101, 102. Three credits.
SOCI 374.66 Islam in Canada CRN TBD	April 27 - June 19 Online	Students gain an understanding of the diversity of Islam and Muslims in Canada. The course examines how Muslims negotiate their religious identities in Canadian civic society. Students engage critically with different theoretical models shaping conceptions of identity and consider their relevance to public policy debates. The course uses Muslim and non-Muslim authors representing diverse points of view that have an impact on questions of immigration, multiculturalism, and religious pluralism. Offered online. Cross-listed as RELS 375. Prerequisites: SOCI 101, 102. Three credits.
SPAN 102.66 Spanish for Beginners II CRN TBD	April 27 - June 19 Online	This course is a continuation of SPAN 101 and is designed for students with basic knowledge of Spanish. This course further develops communicative skills through speaking, listening, reading, and writing while reinforcing more advanced grammatical structures as a means of effective communication. Students will enhance their ability to understand and express themselves in spoken and written Spanish, integrating grammatical structures with thematically relevant vocabulary. Additionally, the course engages students in the linguistic, cognitive, and social aspects of language learning while fostering an awareness of the diversity of the Spanish-speaking world through photos, maps, readings, activities, and video programs. Prerequisite: SPAN 101 or permission of the department chair. Three credits.
SPAN 294.30 Intensive Study Abroad - Salamanca CRN TBD	May 4 - 22	This course is a three-week intensive Spanish course held in the city of Salamanca, Spain, during the spring. In the mornings, students take language classes at various levels at the University of Salamanca Language School. In the afternoons, they participate in culture-focused classes led by a StFX professor, providing a deeper understanding of Spanish traditions, history, and society. Prerequisite: SPAN 101. Six credits.

ONLINE SPRING COURSES	DATES	DESCRIPTION
WMGS 221.66 Sociology of Marriage and Family Life CRN TBD	April 27 - June 19 Online	This course analyzes marriage and family life from a sociological perspective. It provides an overview of social changes over the past century, such as the falling birth rate, the rise in cohabitation and the legalization of same-sex marriage. Topics include marriage and fertility trends, the rise of intensive parenting and the dual earner family, the normalization of separation and divorce, the social cost of family violence, and how technology is influencing parenting. Cross-listed as SOCI 221. Three credits.
WMGS 345.66 Women and Politics CRN TBD	April 27 - June 19 Online	An introduction to the study of women and politics, this course has three parts: feminist political thought and the women's movement; political participation and representation; and public policy. Topics include feminist political thought in the Western political tradition; the evolution and politics of the women's movement, women's participation in political parties and legislatures; women and work; women and the welfare state. Cross-listed as PSCI 345. Prerequisite: PSCI 101, 102 (100) or WMGS 100 and 6 credits at the 200-level (211, 212 recommended). Three credits.