



ST. FRANCIS XAVIER UNIVERSITY

MASTER OF EDUCATION IN EDUCATIONAL ADMINISTRATION AND POLICY Physical and Health Education Concentration July 2026–June 2028

The StFX Faculty of Education is proposing to offer a province-wide Master of Education (MEd; Educational Administration and Policy) cohort with a focus in Physical and Health Education for qualified in-service teachers and administrators beginning in the summer of 2026. This cohort is designed to enable students to develop their leadership abilities and capacities within school communities, especially as they relate to physical and health education. Moreover, this cohort will also support students so that they may develop research competencies and literacy within these same areas.

Graduate students will be required to participate in one in-person face-to-face (**F2F**) course as part of the two-week residency period at the initial Summer Institute. All other courses will be taught online (**OL**), primarily via a synchronous online format. The first summer courses are condensed over two-week blocks (July 6, 8, 10, 13, 14, 16 and July 20, 22, 24, 27, 28, 30) with a start time of 8:30 am and end time of 3:30 pm, Atlantic Time. Most often, weekday synchronous online courses will be offered from 6:00 pm – 9:00 pm, Atlantic time (Teams, Collaborate, and/or Zoom). The possibility of concentration cohort students travelling to Antigonish for one or two additional summer courses (July, 2026 and/or July, 2028) will also be explored (with students)—that change would only be made with 100% student agreement.

The MEd degree is now a 30-credit offering (10 courses). Importantly, this means that students who start in July may, with two summers and within two calendar years, complete all degree requirements.

The **tentative** schedule of courses is included below:

Summer 2026	Fall 2026	Winter 2027	Spring 2027	Summer 2027	Fall 2027	Winter 2028	Spring 2028
534 (F2F) 505 (OL)	520I (OL)	573 (OL)	521G (OL)	561 (OL) 521I (OL)	520G (OL)	508 (OL)	533 (OL)

Information and Admission Procedures

Applications for this program will be accepted until February 15, 2026.

The application information can be found at [How to Apply](#)

For additional StFX admission inquiries please contact med@stfx.ca.

For additional inquiries specific to this concentration, please contact Dan Robinson at drobinso@stfx.ca.

***Please note on the application that you are applying to the Master of Education in Administration and Policy – Physical and Health Education Cohort.**

Course Descriptions

Course	Title
EDUC 534	Introduction to Foundations of Education (core course) Students are asked to critically examine their own practice and its context. Issues of power and privilege as they operate in the field of education are central unifying themes of the course. The investigative approach includes ethical reasoning, autobiographical reflection, arts and aesthetics, deconstruction, and sociological analysis.
EDUC 505	Introduction to Educational Research (core course) This introductory course covers reading and understanding educational research. Students will explore research issues and critically interpret the main types of research, including descriptive research, qualitative research, case studies, and empirical studies.
EDUC 520I	Current Research in Curriculum: Health Education (concentration course) Topic: SUB-TITLE OF COURSE TBA BRIEF DESCRIPTION OF COURSE TBA
EDUC 573	Professional Development and Supervision (core course) This course addresses the role of supervision in an instructional program, focusing on human resources and the professional development process for instructional and support staff.
EDUC 521G	Current Research in Instruction: Physical Education (elective course) Topic: SUB-TITLE OF COURSE TBA BRIEF DESCRIPTION OF COURSE TBA
EDUC 561	Leadership and Administrative Theories (core course) This course is an introduction to theory, research, and practice in educational administration. Emphasis is placed on the evolutionary nature of administrative theory and its role in the operation of public education systems.
EDUC 521I	Current Research in Instruction: Health Education (elective course) Topic: SUB-TITLE OF COURSE TBA BRIEF DESCRIPTION OF COURSE TBA
EDUC 520G	Current Research in Curriculum: Physical Education (concentration course) Topic: SUB-TITLE OF COURSE TBA BRIEF DESCRIPTION OF COURSE TBA
EDUC 508	Critical Research Literacy in Education (core course) This course examines educational research issues and trends from the perspective of professional practice. Students will explore a variety of educational research publications in relation to their own educational context.
EDUC 533	Dynamics of Change (core course) This course examines major concepts in the successful implementation of change. Students will learn to recognize and understand the ways in which change can have an impact on education.

Accommodations

Please note accommodations can be secured in StFX's residence halls. There are two options, one at \$275.00/week (without AC) and one at \$342.50/week (with AC). Information about both options can be found [HERE](#). To book a room at StFX, please contact the following stay@stfx.ca. Student inquiries can be made by emailing stay@stfx.ca or calling 902-867-4687.