

BSc HUMAN KINETICS HONOURS – Kinesiology

Minor – Health Sciences

(for students admitted to BSC HKIN September 2025 or later)

Student ID Number	Last Name	First or Preferred Name
E-mail	Phone	Date

HUMAN KINETICS – 63 Credits

<input type="checkbox"/> 3 cr HKIN skills	<input type="checkbox"/> 3 cr HKIN skills	<input type="checkbox"/> HKIN 115	<input type="checkbox"/> HKIN 136	<input type="checkbox"/> HKIN 161	<input type="checkbox"/> HKIN 162
<input type="checkbox"/> HKIN 150 or 154	<input type="checkbox"/> HKIN 215	<input type="checkbox"/> HKIN 265	<input type="checkbox"/> HKIN 376	<input type="checkbox"/> one of HKIN 374, 396, 397	
<input type="checkbox"/> one of HKIN 253, 264, 332, 352, 354, 371, 431, 443			<input type="checkbox"/> HKIN 490 (6 cr)	<input type="checkbox"/> STAT 101	
<input type="checkbox"/> HKIN 300-level ELEC _____		<input type="checkbox"/> HKIN 400-level ELEC* _____		<input type="checkbox"/> HKIN 400-level ELEC* _____	
<input type="checkbox"/> HKIN ELEC _____		<input type="checkbox"/> HKIN ELEC _____		<input type="checkbox"/> HKIN ELEC _____	

*Note: HKIN 425 and 426 do not fulfill the 400-level elective requirements.

REQUIRED HEALTH SCIENCE COURSES – 30 Credits

<input type="checkbox"/> BIOL 111	<input type="checkbox"/> BIOL 112	<input type="checkbox"/> BIOL 204
<input type="checkbox"/> CHEM 101	<input type="checkbox"/> CHEM 102	<input type="checkbox"/> CHEM 221
<input type="checkbox"/> CHEM 255		
<input type="checkbox"/> PHYS 101	<input type="checkbox"/> one of PHYS 102, 108, 250	
<input type="checkbox"/> CHEM 222 or BIOL elective _____		

ARTS ELECTIVES – 12 Credits

(Students writing the MCAT are encouraged to take PSYC 101/102 & SOCI 101/102)

(1) ☐ _____ (2) ☐ _____ (3) ☐ _____ (4) ☐ _____

OPEN ELECTIVES – 15 Credits

(1) ☐ _____ (2) ☐ _____ (3) ☐ _____ (4) ☐ _____

(5) ☐ _____

Notes:

FOR OFFICE USE ONLY

Chair of Human Kinetics Department _____ Date _____

Averages: Fresh _____ Soph _____ Junior _____

Approved _____ Not Approved _____

Dean _____ Date _____