



ST. FRANCIS XAVIER
UNIVERSITY

Life Experience Component

The Life Experience section of the StFX BEd application is out of 20 and consists of two parts. Applicants are required to submit a resume and a written component. This document is a guide to help applicants understand what reviewers will be looking for and how to highlight relevant experiences.

Part 1: The Resume

Applicants have a wide variety of experiences to draw from when completing their resumes. professional resume Please keep the following in mind:

- Use a professional format for your resume. There are many templates accessible online. You are welcome to [reference our style guide](#) as an option.
- Include timeframes for each experience.
- Always write jobs and companies out in full first before using acronyms.
- Include specific details about roles and responsibilities for jobs and volunteer experiences. Tell us. Don't assume reviewers know what your experience entails.
- There are many resources available to help you create a professional resume. Take the time to structure and present your experiences in a professional way.
- See the rating scale below used to evaluate your resume.

Part 2: The Written Component

You will be asked to select 2-3 of your life experiences from your resume that have helped you to develop skills that can support you in a career in education. Please note this should be between 250-500 words total. Here are some tips to consider:

- For each experience, describe the things you have learned and how they are helping you to think about the skills and/or dispositions you will need to be a teacher.
- Your experiences may or may not come from directly working with children but have helped you develop the skills necessary to be an effective educator.
- Highlight your experiences and/or your transferrable skills as they relate to the age range you would like to work with (elementary or secondary students).
- Be specific. Provide examples to support your points.
- See the rating scale below used to evaluate your writing component.

Rating Scale

Overall				Resume					Written component				
• Documents show professionalism and care in their formatting. • Documents are polished and complete (dates, titles, descriptions).				• Clear evidence that the applicant has had sustained experience working with youth • Experience in diverse contexts • Experience in context of the age group from the applied program (elem or sec) • Evidence of transferrable skills					• The applicant has effectively articulated 2-3 transferrable skills that will support them in a career in education, which are evidenced in their resume.				
unsatisfactory	satisfactory	excellent	exemplary	unsatisfactory	satisfactory	good	excellent	exemplary	unsatisfactory	satisfactory	very good	excellent	exemplary
1	2	3	4	2	4	6	7	8	2	4	6	7	8