



ST. FRANCIS XAVIER UNIVERSITY

To the campus community,

Earlier this week, a state of emergency was declared in British Columbia in response to the widespread damage caused by severe flooding and landslides. Thousands of people have been directly affected and many more indirectly. The news of the disaster and the devastation left in its wake is shocking and upsetting.

On behalf of the university community, we offer our deepest sympathies to all those affected. Our thoughts of care and concern are with our B.C. neighbours and with our students, colleagues and community members from the affected areas and who have relatives residing there. We are heartened to know that great efforts are being made to provide immediate care and assistance for those in need.

Should a StFX community member require assistance, please know we have supports in place that can assist.

In case of emergency, the following resources are available 24/7:

- Proceed to the nearest hospital emergency department
- Call 911
- NS Mental Health Crisis Line: 1-888-429-8167
- For students: Good2TalkNS: 1-833-292-3698 or Crisis Text Line: text "GOOD2TALKNS" to 686868

For students:

- Health and Counselling Centre: 305 Bloomfield, 902-867-2263 <https://www.mystfx.ca/health-and-counselling/home>

For employees:

- Employee and Family Assistance Plan: <https://www.workhealthlife.com/>

These past 20 months have been difficult for many as we have navigated through much uncertainty, but through working together, caring for ourselves and our neighbours, we've demonstrated incredible resilience and resolve. By continuing to care for each other we will move through this difficult time together.

Thank you

Andy Hakin
President and Vice-Chancellor
StFX University