



ST. FRANCIS XAVIER UNIVERSITY

Good morning,

As communicated last evening, there has been one positive COVID-19 case reported to StFX by Public Health and this morning we were notified to expect more positive cases.

The health and safety of the campus community is our top priority. With the information that we currently have, **it is out of an abundance of caution that StFX will cancel the remainder of on-campus classes today.**

Please note that, at this time, students and faculty should prepare for exams to begin on Thursday as per schedule.

I appreciate news such as this can create anxiety. I want to remind the community that our campus population is highly vaccinated (>95%), which helps mitigate transmission and the effects of COVID-19. Please remember

- **If you are fully vaccinated and not showing signs or symptoms, you do not need to isolate.**
- **If you are not fully vaccinated and you have been in close contact with someone confirmed to have COVID, you must isolate immediately, whether you have symptoms or not.**
- **If you are experiencing symptoms (cough, fever, headache, runny nose, sore throat, shortness of breath), please book a PCR test immediately at a local COVID-19 testing centre, listed here: <https://www.nshealth.ca/visit-covid-19-testing-site> and notify isolate@stfx.ca.**

I'm attaching once more the infographic from Public Health which provides specific direction.

We will continue to work closely with our partners at Public Health and commit to keeping the campus community informed.

Andy Hakin
President and Vice-Chancellor
StFX University

COVID-19 NOTIFICATION TYPES
PUBLIC SERVICE ANNOUNCEMENTS (PSA)

I have been at an exposure location, now what?



COVID-19 Notification Type:

PRECAUTION

There has been a potential exposure of minimal risk to the public.

Fully vaccinated*

Not fully vaccinated*



COVID-19 Notification Type:

EXPOSURE

You had close contact with a person with COVID-19.

Fully vaccinated*

Not fully vaccinated*

Public Health recommends:

- You book a **PCR COVID-19** test at least 3 days (72 hours) **after** the exposure even if you do not have symptoms.
- You do **not** need to **self-isolate** unless you develop symptoms.

You are required to self-isolate if you have symptoms, or not.

- Book your first **PCR COVID-19** test immediately.
- Book your second **PCR COVID-19** test 6 or 7 days after the exposure. *You can stop isolating after 7 full days only if this test is negative and you have no symptoms. Avoid contact with immunocompromised people (i.e. nursing homes) for at least 14 days.*
- If you choose not to be tested on Day 6 or 7, you must **self-isolate** for a full 14 days from your most recent exposure.
- Booking a third **PCR COVID-19** test is recommended on Day 14 after your exposure.

Regardless of the *COVID-19 Notification Type* or your vaccination status, we recommend that you self-monitor for symptoms of COVID-19 for 14 days from the exposure.

Symptoms include a new or worsening cough, or two or more of the following: fever (chills, sweats), shortness of breath, sore throat, runny nose/nasal congestion, or headache.

Anyone who develops symptoms is required to **self-isolate**, book a **PCR COVID-19** test, and stay isolated until you receive a negative test result.

Book a PCR COVID-19 test [online](#) or call 811.



Updated Nov. 25, 2021



What is my vaccination status?

*** Fully vaccinated (or had a recent COVID-19 infection)**

- You received the final dose of your COVID-19 vaccine series at least 14 days before your exposure.
- You have had a positive PCR COVID-19 test within 12 weeks (3 months) of the exposure date.

In Nova Scotia, the following COVID-19 vaccine series are accepted:

- 2 doses of AstraZeneca or COVISHIELD / 2 doses of Moderna / 2 doses of Pfizer
- 2 doses of a combination of COVID-19 vaccines (AstraZeneca, COVISHIELD, Moderna and Pfizer)
- 1 dose of Janssen (Johnson & Johnson)
- Complete series of a COVID-19 vaccine authorized by the World Health Organization

**** Not fully vaccinated (or no recent COVID-19 infection)**

- You have **not** completed your COVID-19 vaccine series at least 14 days before your exposure. This includes those with only one vaccine dose or no vaccine dose.
- You have **not** had a recent positive PCR COVID-19 test within 12 weeks (3 months) of the exposure date.