



ST. FRANCIS XAVIER UNIVERSITY

Good morning,

To the campus community,

Earlier this evening we distributed a message from Public Health regarding an increase in positive results related to the rapid antigen tests and the importance of getting a PCR test to confirm the presence of COVID-19. As of 6:45pm this evening we have been informed of one positive PCR test result for an individual within our university community. That individual is following Public Health guidelines.

I have received questions from community members regarding what to do around possible exposures and the risk to the campus community. At the highest level:

- **If you are fully vaccinated and not showing signs or symptoms, you do not need to isolate.**
- **If you are not fully vaccinated and you have been in close contact with someone confirmed to have COVID, you must isolate immediately, whether you have symptoms or not.**

Please refer to the attached infographic from Public Health for more specific information.

We take this very seriously and are monitoring the status within the community. Even with high vaccination rates within the StFX campus community (>95% for faculty, staff, and students), we know that cases are still possible. Of course, we will continue to follow the lead of Public Health, who handle contact tracing and provide direction regarding when a communication to the broader community is required in the interest of public safety. We remind the campus community to remain diligent of health and safety protocols, including the proper processes to follow with respect to COVID-19 testing.

At this time, we will continue to operate as per the semester's schedule, including all classes and exams, following the safety practices and protocols as developed and approved by Public Health. We commit to keeping the campus community up to date with respect to any required changes to our operations. I appreciate there may be questions. Students, please contact

isolate@stfx.ca should you need assistance. For faculty and staff, please contact your immediate supervisor.

I remain confident that, given our experience including managing positive cases of COVID in the past, that we will have a successful end of term. Finally, I want to take this opportunity to thank our colleagues at Public Health for their continued guidance in keeping our community safe.

Andy Hakin
President and Vice-Chancellor
StFX University

COVID-19 NOTIFICATION TYPES
PUBLIC SERVICE ANNOUNCEMENTS (PSA)

I have been at an exposure location, now what?



COVID-19 Notification Type:

PRECAUTION

There has been a potential exposure of minimal risk to the public.

Fully vaccinated*

Not fully vaccinated*



COVID-19 Notification Type:

EXPOSURE

You had close contact with a person with COVID-19.

Fully vaccinated*

Not fully vaccinated*

Public Health recommends:

- You book a **PCR COVID-19** test at least 3 days (72 hours) **after** the exposure even if you do not have symptoms.
- You do **not** need to **self-isolate** unless you develop symptoms.

You are required to self-isolate if you have symptoms, or not.

- Book your first **PCR COVID-19** test immediately.
- Book your second **PCR COVID-19** test 6 or 7 days after the exposure. *You can stop isolating after 7 full days only if this test is negative and you have no symptoms. Avoid contact with immunocompromised people (i.e. nursing homes) for at least 14 days.*
- If you choose not to be tested on Day 6 or 7, you must **self-isolate** for a full 14 days from your most recent exposure.
- Booking a third **PCR COVID-19** test is recommended on Day 14 after your exposure.

Regardless of the *COVID-19 Notification Type* or your vaccination status, we recommend that you self-monitor for symptoms of COVID-19 for 14 days from the exposure.

Symptoms include a new or worsening cough, or two or more of the following: fever (chills, sweats), shortness of breath, sore throat, runny nose/nasal congestion, or headache.

Anyone who develops symptoms is required to **self-isolate**, book a **PCR COVID-19** test, and stay isolated until you receive a negative test result.

Book a PCR COVID-19 test [online](#) or call 811.



Updated Nov. 25, 2021



What is my vaccination status?

*** Fully vaccinated (or had a recent COVID-19 infection)**

- You received the final dose of your COVID-19 vaccine series at least 14 days before your exposure.
- You have had a positive PCR COVID-19 test within 12 weeks (3 months) of the exposure date.

In Nova Scotia, the following COVID-19 vaccine series are accepted:

- 2 doses of AstraZeneca or COVISHIELD / 2 doses of Moderna / 2 doses of Pfizer
- 2 doses of a combination of COVID-19 vaccines (AstraZeneca, COVISHIELD, Moderna and Pfizer)
- 1 dose of Janssen (Johnson & Johnson)
- Complete series of a COVID-19 vaccine authorized by the World Health Organization

**** Not fully vaccinated (or no recent COVID-19 infection)**

- You have **not** completed your COVID-19 vaccine series at least 14 days before your exposure. This includes those with only one vaccine dose or no vaccine dose.
- You have **not** had a recent positive PCR COVID-19 test within 12 weeks (3 months) of the exposure date.