



ST. FRANCIS XAVIER
UNIVERSITY

Non- Quarantining Students

COVID-19 Student Community Protocols

A commitment to do our part

MODIFIED: WINTER TERM 2021

Important Information for Non-Quarantining Students this January:

1. Arrival Date: All residence students who do not need to quarantine can move back to residence on January 19, 2021. We also recommend that off-campus students delay their return to Antigonish until this same date wherever possible. In-person classes resume on January 20.
2. Roommates who are quarantining: Current Public Health Guidelines stipulate that all members of a household or apartment must quarantine until the last resident has finished their 14-day quarantine period. Therefore, if you enter your dwelling with a roommate who is quarantining, you yourself must also quarantine for a full 14-days even if you did not leave Atlantic Canada. To this point, we are encouraging roommates to coordinate arrival times. If you don't need to quarantine, we recommend you delay returning until after your roommates have finished their quarantine period.
3. Non-medical masks: Masks will be mandatory at all times on campus, whether indoors or outdoors, for the month of January. The only exception is for residence students when alone in their rooms.
4. Guest policy for residence: No guests will be allowed in StFX campus residences for the month of January. After this point, guests will be permitted only under specific circumstances. Please see page 5 for more information.

1. Arrival Procedures

In-person classes resume on January 20, 2021 and residence students from within the Atlantic Bubble are returning to campus on January 19. We strongly recommend that, where possible, students who don't need to quarantine delay their return until January 19.

FOR STUDENTS WITH ROOMMATES

Please note that the province has adjusted travel regulations regarding quarantine. Current Public Health Guidelines stipulate that all members of a household or apartment must quarantine until the last resident has finished their 14-day quarantine period. For instance, if the last member of a dwelling arrives on January 6 all residents of that dwelling would need to quarantine for 14-days until January 19, even if they themselves arrived earlier or otherwise didn't have to quarantine because they did not leave Atlantic Canada. This precaution is to prevent community spread of the virus. Therefore, students who share a house or apartment are strongly encouraged to coordinate their arrival so their quarantine can be completed at the same time.

2. Daily Health Monitoring of Symptoms

Before coming to campus or leaving residence, and daily during any isolation and quarantine period, students must assess themselves for symptoms with this simple questionnaire:

In the past 48 hours have you had, or are you currently experiencing:

- Fever (i.e. chills/sweats) OR Cough (new or worsening)

OR

Two or more of the following symptoms (new or worsening):

- Sore throat
- Runny nose/nasal congestion
- Headache
- Shortness of breath

If you answer yes to either of these questions, please go to 811.novascotia.ca to do the COVID-19 self-assessment or call 811 for further assessment by a nurse.

3. Self-Isolation, Testing and Contact Tracing

WHAT TO DO IF YOU ARE BEING TESTED FOR COVID-19

Students who are being tested for COVID-19, or have been directed to self-isolate by 811, must inform the university immediately by emailing isolate@stfx.ca. Residence students are also asked to call Safety and Security at 902-867-4444. This information will be kept confidential and only shared with the specific isolation supports students can access, such as Health and Counselling for medical information and services, and Student Life for meal or grocery delivery, cleaning and maintenance coordination, and academic accommodation.

Student Life will notify the Dean's office when a student is isolating and will be absent from classes until they are no longer required to isolate.

If your COVID-19 test comes back positive, you must update the university of your positive test result immediately by emailing isolate@stfx.ca. Public Health will contact you with further instructions and to gather contact tracing information. Students are required to cooperate with Public Health so that the appropriate follow-up and support is given to those who may have been exposed. Public Health will determine who needs to be contacted and/or tested.

Students in isolation will only be permitted to leave their residence room to use the washroom (if in a building with shared washrooms.)

The exception to this is during evacuation for emergencies (fire alarm sounds, or as instructed by university staff.)

HEALTH AND WELLNESS SUPPORTS

Residence students in emotional distress may contact their Residence Life staff through the Connect Phone for their residence.

Students may also contact Good2Talk, a free, confidential post-secondary student helpline that provides professional counselling, information and referrals for mental health, addictions and well-being to students in Nova Scotia. This service is available 24/7/365. To talk to someone, call 1-833-292-3698.

If symptoms are such that the student cannot wait for the required support, they are instructed to call 911.

If students experience a medical emergency (severe shortness of breath, severe allergic reaction, or any symptoms that cannot wait for a return phone call), they are instructed to dial 911.

Students in quarantine or isolation should keep their windows open as much as possible (weather permitting) to increase air ventilation.

IF YOU SUSPECT SOMEONE IS NOT ISOLATING AS REQUIRED

If you suspect or are aware of someone who is not quarantining or isolating when they should be, have a conversation with the person to understand why they are not quarantining or isolating—for instance, do they need help getting groceries or medications so that they can stay home? Offer assistance and inform them of the supports and services available on campus. Remind them to email isolate@stfx.ca. Students can also send a message directly to us using this email address to let us know of an individual who needs support and we will reach out to assist them.

If you encounter an individual, group or business that is blatantly ignoring or going against quarantine or isolation requirements, or any Public Health regulation, call the non-emergency line to the RCMP at 902-863-6500 and an officer can respond immediately. In addition, you may report a concern in confidence to the university by contacting the Director, Student Life at 902-867-2276 or jdeleebe@stfx.ca.

4. Guest Policy in Residence

Only residents of the building and approved university staff are permitted access any time of day. Students living off campus and in other buildings may not enter a residence other than as defined in the guest policy at the time. The guest policy will be adapted with the level of risk during the term.

- **Red:** No guests. Residents only at all times.
- **Orange:** One guest per resident from 6:30pm to 10:30pm Sunday to Thursday and 6:30pm to 12:30am Friday and Saturday. Guests limited to StFX students only.
- **Yellow:** One guest per resident anytime. StFX students only.
- **Green:** One guest per resident anytime. May include non-students.

To be signed in, guests need to be feeling well with no symptoms and not required to isolate for any reason. Guests must be signed in appropriately by their host, carry a guest pass at all times, remain with their host at all times.

A student who is found to have entered a residence without being properly signed in as per the guest policy is trespassing and will be fined \$250 through the Code of Conduct.