



ST. FRANCIS XAVIER UNIVERSITY

To the campus community,

This Sunday will mark the one-year anniversary of the horrific mass shooting that shook our province, our country, and the world. Our Xaverian community shall remember the victims and those affected by this senseless tragedy, including those who had ties to our university community: StFX alumnae **Alanna Jenkins '05** and **Lisa McCully '13**, as well as **Cst. Heidi Stevenson**, who grew up in Antigonish County and whose mother is a former StFX employee. In honour of those we lost, the flags within Alumni Plaza will remain at half-mast until Tuesday, April 20th.

Earlier this week the province of Nova Scotia announced plans to hold two minutes of silence at 3 p.m. on Sunday, April 18th in conjunction with a memorial service that will be [live-streamed on Facebook](#). I encourage everyone to observe this moment of silence and take time to remember the 22 lives lost to this senseless tragedy:

Tom Bagley
Kristen Beaton
Jamie and Greg Blair
Joy and Peter Bond
Corrie Ellison
Gina Goulet
Lillian Hyslop
Dawn Madsen and Frank Gulenchyn
Lisa McCully
Sean McLeod and Alanna Jenkins
Heather O'Brien
Heidi Stevenson
Emily Tuck, Jolene Oliver, and Aaron Tuck
Joey Webber
John Zahl and Elizabeth Thomas

I also want to remind everyone of the mental health and wellness supports available to all members of the campus community. I encourage you to make use of these services if they are helpful to you, whether this week or any time throughout the year.

For students:

- Health and Counselling Services – visit our website to learn more about our services and make an appointment: <http://www2.mystfx.ca/health-and-counselling>
- NS Mental Health Crisis Line: 1-888-429-8167
- Good2TalkNS: 1-833-292-3698
- Crisis Text Line: text “GOOD2TALKNS” to 686868

If you are experiencing an emergency, please call 911 or proceed to your nearest hospital emergency department.

For StFX and Sodexo employees and their families:

Employee and Family Assistance Program – Our EFA program is available 24/7 and can provide you with immediate and confidential help for any work, health or life concern. Access your EFAP:

- By phone: 1-800-387-4765
- By website: workhealthlife.com
- Download the MyEAP app in your app store

If you are experiencing an emergency, please call 911 or proceed to your nearest hospital emergency department.

Please take care of yourself and one another.

Andy

Andy W. Hakin PhD

President and Vice-Chancellor
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