



The below contains important information from the province about your isolation requirements and testing for COVID-19. Please read carefully.

Dear StFX students,

Further to the information shared with students on December 18, 2020, *Important Information for Students Returning to Campus in January*, I am writing to share important information from the Province of Nova Scotia. Please note that discussions are ongoing with the Health Authority concerning the details of Covid-19 testing in January in Antigonish. Please continue to monitor your email and <https://www.stfx.ca/coronavirus> for further details.

To remember:

If you are arriving from outside of Atlantic Canada

- you **MUST isolate for 14 days**; and,
- you should also **get tested for COVID on day 6, 7 or 8** of your isolation.

As you know, the Nova Scotia provincial government has established rules for post-secondary students arriving in the province from outside Atlantic Canada to help prevent the spread of COVID-19. These rules are the law in Nova Scotia as part of the [public health order under the Health Protection Act](#).

As students return to Nova Scotia after the holidays, all students arriving from outside Atlantic Canada must self-isolate for 14 days. We also are asking students to get 1 test for COVID-19 on day 6, 7 or 8 of your self-isolation. We expect you to help protect your household and your community by getting tested.

STEP 1: REQUIRED TRAVEL FORM

All students entering Nova Scotia from outside Atlantic Canada must complete the [Nova Scotia Safe Check-in](#). This includes students coming from all other Canadian provinces/territories and from other countries.

International students must also use the federal government's ArriveCAN app to provide their information to the Public Health Agency of Canada. Students can [download the ArriveCAN app](#) or call 1-833-641-0343.

STEP 2: REQUIRED SELF-ISOLATION

All students entering Nova Scotia from outside Atlantic Canada must self-isolate for 14 days upon arrival. You must complete a daily digital check-in. International students have particular self-isolation requirements. [Learn more.](#)

STEP 3: TESTING

All students entering Nova Scotia from outside Atlantic Canada in January 2021 should get tested.

- Students should get 1 COVID-19 test on day 6, 7 or 8 of your self-isolation. Please book your appointment up to 3 days in advance by completing the [COVID-19 self-assessment](#).
- If you need help with transportation to/from your testing appointment, please call 1-844-996-0694.
- While testing is voluntary, we expect students to help protect their households and communities by getting tested.

Anyone in Nova Scotia who thinks they have symptoms of COVID-19 should do the [COVID-19 self-assessment](#). You can call 811 if you cannot complete the self-assessment online.

FOR MORE INFORMATION FROM THE PROVINCE

Please see the fact sheets for post-secondary students:

[Attending university or college during COVID-19](#)

[International post-secondary students during COVID-19](#)

If you have questions, please contact PostSecondary@novascotia.ca.

There are many other mandatory public health measures in place in Nova Scotia. Please familiarize yourself with the [rules in Nova Scotia](#). We also encourage you to follow [@nsgov](#) and <https://www.facebook.com/nsgov/> for the latest information.

We want to thank the post-secondary students who have arrived in Nova Scotia to date and have been complying with these rules. Your continued cooperation and commitment to following the public health rules and advice plays an important role in preventing the spread of COVID-19 in our communities.

Please continue to monitor the StFX website regularly as the information may change to align with emerging provincial requirements. Any updates on the information provided will be posted at <https://www.stfx.ca/coronavirus>.

Sincerely,

Elizabeth Yeo
Vice- President Students

