

ORIENTATION WEEK SCHEDULE



Pjila'si | Bienvenue | Welcome



ST. FRANCIS XAVIER UNIVERSITY

St. Francis Xavier University stands on the lands of Mi'kma'ki, the ancestral and unceded home of the Mi'kmaw. We express our deep gratitude and appreciation to the generations of Mi'kmaw who, since time immemorial, have loved and stewarded these lands and the beings who call them home.

Colonization is not just history; it exists in the present tense. While we strive to decolonize ourselves and our institution, we know there is still much for us to learn. We are committed to doing the hard work of self-reflection and to repairing relationships with the Mi'kmaw on whose lands we reside, including embracing the Truth and Reconciliation Commission Calls to Action and embodying their spirit in our day-to-day lives.

Ms~t wiaqpulti'kl ankukamkewe'l | We are all treaty people

We welcome you with open arms to our campus community. This is only the beginning in a chapter of your life and your time here will prove to be incredibly meaningful. This booklet will provide you with a guide to the orientation events, locations, and times for the month of September. We strongly encourage that you attend these activities as it will allow you the chance to meet your fellow classmates, professors, Community Advisors, and the staff here at the University.

Welcome to StFX

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ST. FRANCIS XAVIER
UNIVERSITY

T: 902 867-2149 • E: fm@stfx.ca • www.stfx.ca



Denotes parking available



Denotes no parking available

In your timetable the buildings are referenced by acronyms

ACADEMIC BUILDINGS

- | | | |
|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Xavier Hall (XH) and Alumni House A) Alumni House | 7. Mount Saint Bernard (MSB) A) Immaculata Hall B) Camden Hall C) Marguerite Hall D) Gilmora Hall | 9. Nicholson Tower (NT) 10. Annex 12. J. Bruce Brown Hall (JBB) 30. Nasso Family Science Center 36. Coady International Institute 37. Markin Global Complex 38. Fine Arts Building |
| 2. McKenna Centre (north entrance) | | |
| 3. Schwartz School (SCHW) | | |
| 5. St. Ninian's Place (SNP) | | |
| 6. Angus L. Macdonald Library | | |
| 8. Mulroney Hall | | |

RESIDENCES

- 7. Mount Saint Bernard (MSB)
- 14. Macsaac Hall
- 16. FX Hall
- 20. Governors Hall
- 22. Somers Hall
- 23. Power Hall
- 26. Bishops Hall
- 28. MacKinnon Hall
- 32. Morrison Hall
- 33. Cameron Hall
- 39. O'Regan Hall
- 40. Riley Hall

ADMINISTRATION & OTHER

- 4. St. Ninian's Cathedral
- 5. St. Ninian's Place (SNP)
- 8. Prayer Space (First Floor Mulronev Hall)
- 9. Nicholson Tower (NT)
Recruitment and Admissions Office
- 13. Bloomfield Centre
- 15. MacDonald Hall
- 24. Exercise Science Centre
- 25. StFX Observatory
- 27. University Chapel
- 28. MacKinnon Hall
A) Business Office
- 31. Services Building (5005 Chapel Square)
Safety and Security Services

SPORTS AND RECREATION

- 17. Alumni Aquatic Centre
- 18. Amelia Saputo Centre for Healthy Living
- 19. Charles V. Keating Centre
- 29. Bauer Theatre

DINING SERVICES

- 32. Morrison Hall



AUGUST 28

International Student Orientation

International Student Orientation (ISO) is a mandatory program for all new international students. This is also a great opportunity to make friends and meet the students and staff here to support you throughout your first year. Lunch is included!

9:00am-10:00am Breakfast and Mingle (Morrison Meal Hall)

Get the day started strong with breakfast and a chance to meet fellow new international students, student leaders, and StFX President and Vice-Chancellor Andy Hakin and Mrs. Linda Hakin.

10:00am-10:30am Indigenous Welcome

A formal welcome to Mi'kma'ki, the traditional and unceded territory of the Mi'kmaw, with a third-year forensic Student, Maria Young.

10:45am-12:00pm International Student Orientation (Barrick Auditorium)

This session will cover essential information such as: on/off campus resources, how to use your health insurance, working in Canada, and much more.

12:00pm-1:00m Lunch at Morrison Hall



1:00pm-6:00pm Various Sessions and Amazing Race StFX

Meet back at the Barrick Auditorium in Mulroney Centre for some more fun activities and to participate in the Amazing Race StFX.

6:00pm-7:00pm Dinner at Morrison Hall

Make long lasting connections over a meal with other Community Connections participants. Students with food allergies will confirm their student numbers with Sodexo meal passes.

7:30pm-9pm Karaoke at the Golden X Inn

Join us at the Golden X Inn and sing your favorite songs!

AUGUST 28

Relaxed Start Check-In

1:00pm - 5:00pm Residence Check-In (Pre-Registration Required)

Student who registered for relaxed start may check-in at the Keating Centre between 1:00pm and 5:00pm.

At the check-in you will receive your Student ID card (if you have submitted a photo in advance) and your access to residence.

From there, you can move into your residence.

4:30pm-7:30pm Dinner at Morrison hall

Once you have completed the Residence Check-In, you can head over to Morrison hall for dinner.

7:00pm-10:00pm Chill Space Open

Diversity Engagement Centre Lounge on the 4th floor of Bloomfield.

A drop-in quiet area where you can go unwind, take a break, or reset if you need a break from the action.

AUGUST 29

Cameron, FX , MSB, and Riley Hall

8:00am - 4:00pm Residence Check-In

Students moving into residences Cameron, FX, MSB, and Riley Hall as well as mature students will be given a check-in time in advance.

Check-in at the Keating Centre begins with meeting the President, Dr. Andy Hakin and Mrs. Linda Hakin.

At the check-in you will confirm your arrival with the Registrar's office, pick up your Student ID, check-in with Housing (if you are living in residence), and register for easy access to the Health and Counselling Centre.

Once you have checked in, you can make payments or inquiries about your Student Account and purchase a parking pass, if needed.



4:30pm-5:30pm Residence Community Meeting

Hosted by residence community advisors, more information will be provided by your CA.

5:30pm-7:30pm Dinner at Morrison hall

Each floor will head over to Morrison hall to have dinner together.

Residence Orientation

Residence orientation and fun activities. Your CA will tell you about what is happening in your building and across campus. See below for your time and location:

Cameron Hall and O'Regan Hall: 7:00pm in Mulroney 2030

MSB: 7:00pm in the Barrick Auditorium

FX Hall: 8:00pm in Mulroney 2030

Riley Hall: 8:00pm in the Barrick Auditorium

11:00am-3:00pm Chill Space Open

Diversity Engagement Centre Lounge on the 4th floor of Bloomfield.

A drop-in quiet area where you can go unwind, take a break, or reset if you need a break from the action.

Check-In Before Going
to Residence!

AUGUST 30

Bishops, MacIsaac, and MacKinnon

8:00am-4:00pm On Campus Check-In

Students moving into residences Bishops, MacIsaac, and MacKinnon will be given a check-in time in advance.

Check-in at the Keating Centre begins with meeting the President, Dr. Andy Hakin and Mrs. Linda Hakin.

At the check-in you will confirm your arrival with the Registrar's office, pick up your Student ID, check-in with Housing (if you are living in residence), and register for easy access to the Health and Counselling Centre.

Once you have checked in, you can make payments or inquiries about your Student Account and purchase a parking pass, if needed.

11:30am - 1:00pm Brunch at Morrison Hall

Students who have already arrived, can head over to Morrison hall for brunch.



4:30pm - 5:30pm First Community Meeting (Residence)

Hosted by residence community advisors, more information will be provided by your CA.

4:30pm - 5:30pm First Community Meeting (Off-Campus)

Meet outside of Starbucks on campus with the student leaders who will guide you during the weekend's activities. From there we will head as a group up to Wellspring which will be the central hub and meeting space just for off-campus students throughout the weekend!

5:30pm - 7:30pm Welcome BBQ

A Huge BBQ will be served outside for everyone, your residence leadership team will direct you after your community meeting.

Residence Orientation

Residence orientation and fun activities. Your CA will tell you about what is happening in your building and across campus. See below for your time and location:

Bishops Hall: 7:00pm in the Schwartz Auditorium

MacKinnon Hall: 7:00pm in the Barrick Auditorium

MacIsaac Hall: 8:00pm in the Schwartz Auditorium

11:00am-3:00pm Chill Space Open

Diversity Engagement Centre Lounge on the 4th floor of Bloomfield.

A drop-in quiet area where you can go unwind, take a break, or reset if you need a break from the action.

AUGUST 31

9:00am - 10:00am X-Fest Kick Off (Saputo Football Field)

Residences will be lead by the Student Leaders to the Saputo turf, where we will kick off X FEST, a week of orientation activities to help you navigate campus, services, and connect with other students. Bring your cheering voice! And wear your house shirt because you will be part of the annual Giant X Photo!

10:00am - 12:00pm What it Means to be Xaverian & Pancake Breakfast (Keating Main Arena)

Later this week, we will have the Xaverian Welcome ceremony to formally welcome you to the Xaverian community. What it Means to be Xaverian will prepare you with what to expect for the ceremony and why it is significant to your overall academic journey.



1:00pm-4:00pm Welcome Week Wipeout (Memorial Field)

Wipeout Day is an outdoor activity at the Memorial Field where students can blow off some steam and have some fun on wipeout style obstacle courses, playing spike ball and volleyball and getting their photos taken as they go down the X-Fest favorite Jell-O Slide! **This event is only open to incoming students who have bought an X-FEST Bounce ticket.**



4:30pm-7:30pm Dinner (Morrison Hall)

After the Wipeout Day, students can head over to Morrison hall for dinner.

9:00pm-11:00pm Headphone Disco (Keating Main Area)

At Headphone Disco everyone is given a pair of noise cancelling headphones that are connected to two DJs. Students have the option of listening to either DJ at any given moment so if there is a song they do not like playing on one channel they can simply switch to the other and keep the fun going! Students are supplied with neon lights, beach balls, pool noodles etc. in order to wave around in their own-clustered groups or by themselves. Headphone Disco is being held in the Keating Centre! **This event is only open to incoming students who have bought an X-FEST Bounce ticket to scan.**

1:00pm-11:00pm Chill Space Open

Diversity Engagement Centre Lounge on the 4th floor of Bloomfield.

A drop-in quiet area where you can go unwind, take a break, or reset if you need a break from the action.



SEPTEMBER 1

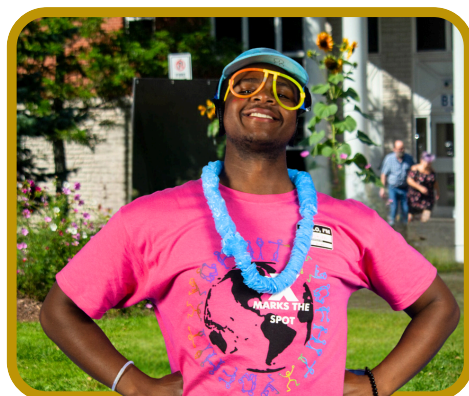
10:00am-3:00pm REACH @ X Day

REACH - an acronym for Respect, Empowerment, Awareness, Community, and Harm Reduction - reflects the core values that define us as members of the StFX community.

As part of your transition to university life, all incoming students are expected to attend three REACH sessions. These sessions are peer-led, offering a unique opportunity to learn directly from student leaders who will warmly welcome you into the Xaverian community. They'll share insights, experiences, and ways you can contribute your own unique voice to campus life.

At its heart, REACH is about building a sense of belonging. We want every student to feel welcomed, valued, and seen within our community. Your presence matters and we're excited to have you join us.

Your CA or O-Crew Leader will give you the REACH schedule for your residence. Sessions start right at 10:00am.



9:00pm X-Fest Drag Queen Sex Toy Bingo (Keating Centre)

Drag Queen Sex Toy Bingo is championed by StFX's 2SLGBTQIA+ (Queer and Trans) Community. This is an event where students sit down and play bingo using virtual cards that they can pull up on their phones to win sex toys and other prizes! Between rounds, the Drag Queen hosts will dazzle the audience with performances and comedy routines, often bringing the audience to tears (of laughter). **This event is open to incoming students who have bought an X-FEST Bounce ticket.**

3:00pm-11:00pm Chill Space Open

Diversity Engagement Centre Lounge on the 4th floor of Bloomfield.

A drop-in quiet area where you can go unwind, take a break, or reset if you need a break from the action.



SEPTEMBER 2

12:30pm-5:00pm Academic Orientation

Check the Academic Day detailed schedule starting on page 19, for your specific program. If you are not sure, ask an O-Crew member, your CA, or any staff or faculty member.

4:30pm-7:30pm Dinner at Meal Hall

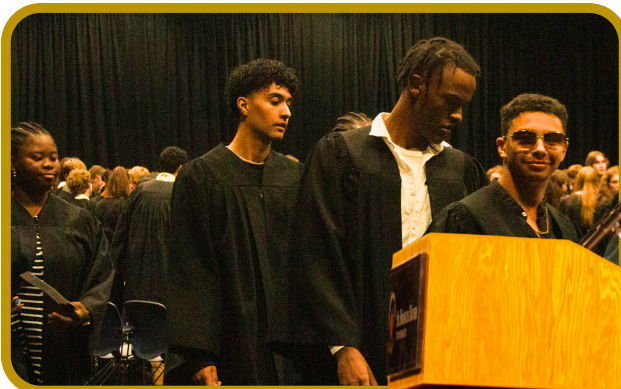
8:00pm-11:00pm Chill Space Open

Diversity Engagement Centre Lounge on the 4th floor of Bloomfield.
A drop-in quiet area where you can go unwind, take a break, or reset if you need a break from the action.



7:30pm Xaverian Welcome Ceremony (Keating Main Arena)

The Xaverian Welcome is a tradition to mark the beginning of your academic journey and becoming a Xaverian. It is a formal event and you will be provided academic robes for the ceremony. We recommend business casual and sensible shoes. Faculty and senior administration will welcome you and witness as you pledge your commitment to the Xaverian community values and write a note to your future self to be recovered at your Xaverian Farewell at the end of your journey. Procession line up is at **7:00pm**. Your orientation leaders will have the details for your residence /off campus.



WHAT IS ACADEMIC DAY?

Academic day will focus on setting you up for success in the first few weeks of school with tips on finding classes, support services, books, and key policies. Meet your Dean, explore course options, and learn how to succeed.

Panel presentations will include students, faculty, lab instructors, academic advisors, and representatives of Academic Success Centre. Get rewarded for showing up! By attending the afternoon panels and presentations, you'll earn an entry into our academic day prize draw. The winners of this draw will receive a StFX Swag Bag to take home! "

Join a guided tour of StFX's beautiful campus and visit key areas and stops relevant to your life as a first-year student. These tours will cover academic spaces, student services, and key components of our campus. Find your classroom tours will also be available for those looking to locate their specific buildings and classrooms before the first day of classes!

For the detailed schedule, please refer to pages 20-26.

Room Abbreviations

KC: Keating Centre (Conference Rooms)

SCHW: Gerald Schwartz School of Business

MSB: Mount Saint Bernard

BB: J. Bruce Brown

MULH: Mulroney Hall

IM: Immaculata Hall

ARTS

Music, PGOV, Aquatic Resources, Social Justice & Humanities, CLEN

| Time | Event | Location |
|----------------|---------------------------|-------------------------------------------------------------------|
| 12:30 - 1:00PM | Dean of Arts Presentation | KC Conference Rm A/B/C |
| 1:00 - 2:30PM | Panel | KC Conference Rm A/B |
| 2:30 - 4:00PM | Academic Meet & Greet | MULH Scholar's Walk (2nd Floor) & Joyce Family Atrium (1st Floor) |
| 3:00 - 5:00PM | Find-Your-Classrooms Tour | MULH Atrium Entrance (1stFloor) |

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FORENSIC PSYCHOLOGY

| Time | Event | Location |
|----------------|---------------------------|-------------------------------------------------------------------|
| 12:30 - 1:00PM | Dean of Arts Presentation | KC Conference Rm A/B/C |
| 1:00 - 2:30PM | Panel | KC Conference Rm C |
| 2:30 - 4:00PM | Academic Meet & Greet | MULH Scholar's Walk (2nd Floor) & Joyce Family Atrium (1st Floor) |
| 3:00 - 5:00PM | Find-Your-Classrooms Tour | MULH Atrium Entrance (1st Floor) |

Room Abbreviations

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HEALTH

| Time | Event | Location |
|----------------|---------------------------|-------------------------------------------------------------------|
| 12:30 - 2:00PM | Panel | SCHW 156 |
| 2:30 - 2:30PM | Dean of Arts Presentation | SCHW 156 |
| 2:30 - 4:00pm | Academic Meet & Greet | MULH Scholar's Walk (2nd Floor) & Joyce Family Atrium (1st Floor) |
| 3:00 - 5:00PM | Find-Your-Classrooms Tour | MULH Atrium Entrance (1st Floor) |

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BUSINESS

| Time | Event | Location |
|----------------|-------------------------------|-------------------------------------------------------------------|
| 12:30 - 1:00PM | Dean of Business Presentation | SCHW 110 |
| 1:00 - 2:30PM | Panel | SCHW 110 |
| 2:30 - 4:00PM | Academic Meet & Greet | MULH Scholar's Walk (2nd Floor) & Joyce Family Atrium (1st Floor) |
| 3:00 - 5:00PM | Find-Your-Classrooms Tour | MULH Atrium Entrance (1st Floor) |

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SCIENCE

BSc with ENGR & Diploma in Engineering

| Time | Event | Location |
|----------------|------------------------------|-------------------------------------------------------------------|
| 12:30 - 1:00PM | Dean of Science Presentation | IM 114 |
| 1:00 - 2:30PM | Panel | IM 114 |
| 2:30 - 4:00PM | Academic Meet & Greet | MULH Scholar's Walk (2nd Floor) & Joyce Family Atrium (1st Floor) |
| 3:00 - 5:00PM | Find-Your-Classrooms Tour | MULH Atrium Entrance (1st Floor) |

Room Abbreviations

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H K I N & H U M A N N U T R I T I O N

| Time | Event | Location |
|---------------|---------------------------------|----------------------------------------------------------------------------|
| 1:15 - 2:00PM | Info Session | MULH 2070 |
| 2:00 - 2:30PM | Dean of Science Presentation | MULH 2070 |
| 2:30 - 4:00PM | Academic Meet & Greet | MULH Scholar's Walk (2nd Floor) & Joyce Family Atrium (1st Floor) |
| 3:00 - 5:00PM | Find-Your-Classrooms Tour | MULH Atrium Entrance (1st Floor) |

Room Abbreviations

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NURSING

| Time | Event | Location |
|----------------|------------------------------|-------------------------------------------------------------------|
| 12:30 - 2:00PM | Panel | MSB 225 |
| 2:00 - 2:30PM | Dean of Science Presentation | MULH 2070 |
| 2:30 - 4:00PM | Academic Meet & Greet | MULH Scholar's Walk (2nd Floor) & Joyce Family Atrium (1st Floor) |
| 3:00 - 5:00PM | Find-Your-Classrooms Tour | MULH Atrium Entrance (1st Floor) |

Room Abbreviations

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SEPTEMBER 3

First Day of Classes!!

Students begin their Fall term courses.



SEPTEMBER 4

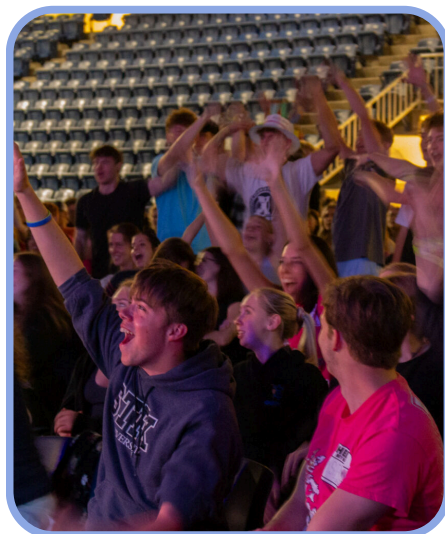
7:00pm-8:00pm MacIsaac Rec Night

Rec Night is your chance to explore everything Fitness and Recreation St. FX has to offer! Residence buildings are invited for a guided tour of the facilities, where you can check out the gym, fitness studios, and activity spaces. You'll also learn about our exciting intramural sports programs and how to get involved.

Whether you're into friendly competition, staying active, or meeting new people, Rec Night is the perfect place to start!

8:00pm-10:00pm Wayne Hoffman Magician (Keating Centre)

Wayne Hoffman is one of the top illusionists in Canada! He will perform his magic and mind tricks for all students to sit in awe of! Wayne has performed for XFEST many times. He has traveled around the world showing off his mind reading abilities. Often, audience members are called to the stage to participate and be a part of the show! It is a night full of amazement, mystery, and entertainment.



SEPTEMBER 5

9:00pm-1:00am X-Fest Super SUB (Bloomfield Centre)

Every year X-FEST builds up and culminates with the Closing Concert by a Headliner Performer. This year's headliner is Riley Taylor. Held at the end of the week, this event is the perfect finisher after a long week of change, meeting new people, learning new things, and settling into a new environment. Get ready to dance and end your X-FEST experience on a high note! **Open to new and returning students. Please note that this concert is not included in the X-FEST passes. A separate ticket is available for purchase on the Bounce App.**

SEPTEMBER 6

6:00pm-9:00pm X-Fest Formal (Bloomfield Centre)

This is a brand-new addition to Orientation Week. This event for first-year students - a memorable and elegant event to close out the week, will take place in the MacKay Room. Designed to shine a spotlight on house charities and to celebrate the incredible impact StFX residences have had on the community over the past decades. Each residence will have their own mocktail available for two dollars each, with donations going to Kevin's Corner. At the end of the night, we will count the donations from each residence and the residence with the most attending members will start off House Points in 1st place.

The dress code is formal - If your residence was hosting the Met Gala, what would you wear?

SEPTEMBER 7

5:00pm Opening Mass (Catholic Service, StFX Chapel)

We gather at this celebration seeking inspiration and guidance as we embark on our journey together and asking for success and fulfillment in all that we do.

There are many other faith services offered in Antigonish. Click [here](#) for a more complete list or go to:

<https://www.stfx.ca/student-services/support-services/chaplaincy/places-worship-stfx/worship-antigonish>

7:00-8:00pm MacKinnon & Governors Rec Night

Rec Night is your chance to explore everything Fitness and Recreation St. FX has to offer! Residence buildings are invited for a guided tour of the facilities, where you can check out the gym, fitness studios, and activity spaces. You'll also learn about our exciting intramural sports programs and how to get involved. Open to all first-year and returning students.

8:00pm-9:00pm MSB & FX Rec Night

See description above.



SEPTEMBER 8-11

2:00pm-5:00pm Mulroney Atrium Fall Services Fair

The Fall Services Fair showcases the many services and resources available to student on campus and in the community of Antigonish - too many to list here!

Stop by and browse anytime while the fair is open. Come back every day to meet different services and get free stuff. This event runs through September 8 - 11.

7:00pm-8:00pm Cameron & Riley Rec Night (September 8)

Rec Night is your chance to explore everything Fitness and Recreation St. FX has to offer! Residence buildings are invited for a guided tour of the facilities, where you can check out the gym, fitness studios, and activity spaces. You'll also learn about our exciting intramural sports programs and how to get involved. Open to all first-year and returning students.

8:00pm-9:00pm Bishops & O'Regan Rec Night (September 8)

See description above.



SEPTEMBER 15

6:00pm-9:00pm Society Night

Join us in Mulroney Hall, Scholars Walk for Society Night, where all of StFX's student societies set up tables to showcase who they are and what they do. This is your chance to explore campus clubs, meet passionate student leaders, and find opportunities that match your interests - whether academic, cultural, social, or service-based. Come discover how you can get involved, make new connections, and enrich your StFX experience.





THE U

StFX Students' Union
For Students, By Students.