ST. FRANCIS XAVIER UNIVERSITY

BSc HUMAN KINETICS MAJOR – Kinesiology

Minor – Health Sciences

(for students admitted to BSC HKIN September 2025 or later)

Student ID Number Last Name First or Preferred Name

E-mail Phone Date

HUMAN KINETICS – 60 Credits (At least 18 credits HKIN must be at the 300/400 level)

☐ 3 cr HKIN skills ☐ 3 cr HKIN skills ☐ HKIN 115 ☐ HKIN 136 ☐ HKIN 161 ☐ HKIN 162

☐ HKIN 150 or 154 ☐ HKIN 215 ☐ HKIN 265 ☐ HKIN 376 ☐ one of HKIN 374, 396, 397

☐ one of HKIN 253, 264, 332, 352, 354, 371, 431, 443 ☐ STAT 101

☐ HKIN 300-level ELEC _____ ☐ HKIN 400-level ELEC* _____ ☐ HKIN ELEC _____

☐ HKIN ELEC _____ ☐ HKIN ELEC _____ ☐ HKIN ELEC _____ ☐ HKIN ELEC _____

*Note: HKIN 425 and 426 do not fulfill the 400-level elective requirement.

REQUIRED HEALTH SCIENCE COURSES – 30 Credits

☐ BIOL 111 ☐ BIOL 112 ☐ BIOL 204

☐ CHEM 101 ☐ CHEM 102 ☐ CHEM 221 ☐ CHEM 222 or 255

☐ PHYS 101 ☐ one of PHYS 102, 108, 250

☐ BIOL elective _____ or CHEM 222 or 255

ARTS ELECTIVES – 12 Credits

(Students writing the MCAT are encouraged to take PSYC 101/102 & SOCI 101/102)

(1) ☐ _____ (2) ☐ _____ (3) ☐ _____ (4) ☐_____

OPEN ELECTIVES – 18 Credits

(1) ☐ _____ (2) ☐ _____ (3) ☐ _____ (4) ☐_____

(5) ☐ _____ (6) ☐ _____

Notes:

FOR OFFICE USE ONLY

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Chair of Human Kinetics Department Date

Approved Not Approved

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Dean Date