

THEU'S 2023/24 GUIDE FOR INCOMING STUDENTS!





ORIENTATION WEEK AT X!

SOCIETIES NIGHT

An AMAZING way to get introduced to all societies and clubs on our campus! We guarantee that we have something for everyone. Come check out our 50+ booths and get involved, it is a great way to meet amazing people and get involved on our campus!



JELLO SLIDE

A historic part of O-Week, this event was recently upgraded to feature not one, but TWO Jell-O Slides. Featuring a mixture of jello, soap and a whole lot of fun, students will be given the opportunity to take a slippery ride to the bottom!

CHARITY DAY

Charity Day is a chance for StFX students to give back to the community, we encourage all StFX students to participate and get involved! We will have stations all around Antigonish and New Glasgow, filled with cheering, singing, and dancing in an effort raise funds for local charities.



PLAYFAIR

Playfair is hands down the perfect way to connect and meet with your new classmates. Entering it's 33rd consecutive year at StFX Playfair has become an Orientation Week staple for countless generations of Xaverians. Made up of a series of energetic ice breaker style games. this night is one of the best ways to get out of your comfort zone.

X-FEST LINEUP

One of the biggest reveals leading up to Orientation Week is the headlining concert! StFX has been continuously recognized for putting on some of the premier shows in the maritimes, with past performers including the likes of Classified and The White Panda.





CHECKLIST

X-FEST KITS

X-Fest kits will go on sale on July 20th. Kits will contain all of your X-Fest Swag and goodies along with the X-Fest bracelet that will get you into all our Orientation week events. To purchase on July 20th check out www.theu.ca and click the X-Fest link!

PICKUP YOUR X-FEST KIT AT OUR BOOTH ON WELCOME DAY!

HEALTH & DENTAL PLAN

Visit www.mystudentplan.ca for more information on your coverage details, benefits at a glance or how to opt out if you have comparable health and dental plan coverage Enrollment on the student benefit plans is automatic and requires a one-time opt out. Opt Out opens August 1; deadline to Opt Out is Sept 30.

Visit <https://www.mystudentplan.ca/stfxsu/en/forms/opt-out> to opt out

New this year – myVirtualDoctor (MVD) is a virtual health care service, offering students unlimited 24/7 access to licensed health experts incl physicians and nurse practitioners who can provide diagnosis and treatment plans. Due to limited availability of health care providers within our community, this service is available to all students starting Sept 1 to enhance access and reduce wait times. Eligible students will receive an email from TELUS Health with a unique link to register their account and information on how to download the Telus Health App. The MVD fee will be automatically added to all student accounts. Opt Out of this service is required prior to Sept 30, 2023. This service and Opt Out is separate from the Health and Dental Opt Out.

Visit <https://www.mystudentplan.ca/stfxsu/en/forms/opt-out> to opt out

THE GOLDEN X INN

  @thegoldenxinn

The Golden X Inn is getting a facelift and we are excited to re-open this fall! Underage students are allowed in the Inn until 9pm daily! The Inn is also set up for DCB as payment for food purchases. We hope to see you there, so you can find out why generations of Xaverians have said "all roads lead...!"





STUDENTS' UNION SERVICES

XAVARIAN WEEKLY



The Xaverian Weekly has been StFX's official source of news since 1895. The paper is printed and released all around campus every month or you can also find all our stories on our website. We have a team of writers but are always looking for students to get involved!

CFXU



CFXU 93.3fm The Fox is St.FX's campus and community radio station, servicing the community since 1969! Located on the first floor of Bloomfield, CFXU provides an outlet for students and community members to express their creativity through the medium of music, radio, and podcasting.

C4U



Convenience For U is a one-stop-shop for all your Grab n' Go Munchies & More! Choose from a selection of items that you may need, from snacks and sweets to a variety of groceries. We are conveniently located on 2nd floor of the Bloomfield Center. **WEEKDAYS 10AM-10PM | WEEKENDS 1PM-9PM | MON- 10% OFF**

DRIVE U



Catch a free, safe drive home anywhere within 15km of Antigonish. Meet Drive U staff in front of the upper entrance of Bloomfield Centre. Drive U operates fall and winter semesters nightly after 8pm.

KEVIN'S CORNER



Running short on food? Don't stress - stop by and stock up on food and resources. Located on the second floor of Bloomfield, our free, confidential food service is open for all students. The Food Resource Centre aims to provide all students with the appropriate resources to manage a healthy diet.

STAY CONNECTED!

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YOUR EXEC TEAM

