



## Clinical Therapist Health & Counselling

Professional

8 Month Term (August 28, 2023-April 26, 2024)

**Classification:** Band F

**Salary Rate:** \$76,537-93,522 (prorated to length of term, based on 37.5 hours/week)

### Overview

St. Francis Xavier University is a top-ranking Canadian university focused on academic excellence, innovation in teaching and research, service to society, and international outreach. We are currently seeking a Clinical Therapist to join our community for an 8 month term.

### Summary of Responsibilities

The successful candidate will report to the Director of Health, Counselling and Accessible Learning and is responsible for the delivery of professional clinical services within a Collaborative Care/Interdisciplinary team setting. As a member of the Health and Counselling Centre team, the Clinical Therapist will offer supports to StFX students across a range of modalities, including individual, group and community-based interventions. The incumbent will demonstrate a wholistic framework of practice that reflects critical analysis and evidence informed assessment and intervention skills, which will form the basis for the clinical context of therapy and the therapeutic milieu. This framework includes a demonstrated ability for advocacy/social action.

A complex range of specialized knowledge and skills will be utilized by the incumbent to provide psychotherapeutic interventions with young adults/students who are affected by mental stress and illness, substance misuse and related issues. Recognizing the additional stresses brought on by COVID-19, the incumbent will be prepared to respond to these new challenges effectively and creatively, with a focus on building resilience and healthy coping skills. The primary goal of these interventions is to support students in developing and enhancing healthy personal and lifestyle goals, as well as the life skills necessary for positive and productive participation across personal, academic, social and employment domains. This position plays a key role within the Health and Counselling Centre team and across Student Services, through collaborative work with Health and Counselling Centre colleagues, Student Life staff and other StFX community campus partners.

### Qualifications/Skills:

StFX is seeking a candidate with strong clinical skills and the ability to build meaningful relationships within the university and local community around issues related to mental health and wholistic wellness. The successful candidate will be collaborative by nature, have a broad understanding of Post-secondary transition issues, be able to work independently, and demonstrate creativity, flexibility and resourcefulness. The incumbent will have relevant experience working with emerging adults, and will demonstrate a developmental and harm reduction approach to intervention.

StFX is seeking candidates who are committed to contributing to our priorities of equity, diversity, and inclusion. A demonstrated ability in fostering a climate of inclusion and cultural safety is a strong asset. Preference will be given to applicants who bring lived experience of historically excluded groups.

The successful candidate will have a Master's degree in Clinical Psychology or Clinical Social Work with a **minimum of two years of directly related clinical experience following completion of graduate studies**, and will be registered as a

regulated Health Professional in Nova Scotia. They will have training and clinical experience in evidence-based treatment approaches, as well as strong grounding in trauma-informed practices. They will possess superior interpersonal, communication (both oral and written) and organizational skills, as well as demonstrated ability to exercise sound clinical judgment and decision-making skills. This is a full-time sessional position based on working 37.5 hours per week during the regular academic year (approximately September 1- April 30 annually). This position will require a regular work schedule of daytime and evening hours, along with flexibility for occasional weekend work, as necessary.

## **Application Instructions**

Closing date for applications is July 7, at 1:00pm. To apply please submit a letter of application and a resume in confidence to **Human Resources, StFX University** at [careers@stfx.ca](mailto:careers@stfx.ca). Only those selected for an interview will be contacted.

*St. Francis Xavier University is located in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq People.*

*Our institution is committed to upholding the values of equity, diversity, inclusion and accessibility. We encourage applications from members of groups that have been historically disadvantaged and marginalized, including Indigenous persons (especially Mi'kmaq), racialized persons (especially African Nova Scotians), persons with disabilities, those who identify as women and/or 2SLGBTQIA+ and any others who would contribute to the diversity of our community. Please note that all qualified candidates are encouraged to apply; however, applications from Canadians and permanent residents will be given priority.*

*We are also committed to the elimination of barriers to participation for persons with disabilities. Should you require an accommodation during the recruitment process, please contact Human Resources at [hr@stfx.ca](mailto:hr@stfx.ca) or 902-867-5038.*

## **About the StFX Store**

The StFX Store is the principal location for purchasing textbooks for all courses offered by StFX University, including distance courses offered by Continuing Education and Distance Education. The StFX Store also proudly offers a large assortment of StFX crested gifts, books by local authors, and adult and children's clothing.

## **About St. Francis Xavier University**

Established in 1853, St. Francis Xavier University (StFX) is consistently recognized as one of the best universities in Canada. StFX exceeds the needs of today's undergraduates through providing the very best academic experience -- outstanding teaching, exceptional hands-on research opportunities, and global exchanges -- all within Canada's most vibrant and inspiring residential campus. Here, the focus is on the academic and the personal development of every student, making community and social engagement a large part of the learning experience. Our students are academically strong and highly engaged in every aspect of life, determined to make a positive impact on the world.

In 2022, Maclean's annual university rankings put StFX #1 in student satisfaction and #2 in reputation across Canada in the primarily undergraduate category. For more, visit [www.stfx.ca](http://www.stfx.ca)

## **About Antigonish, Nova Scotia**

The beautiful and historic town of Antigonish is located within the northeastern corner of Nova Scotia. Only a 15-minute drive from the ocean and a two-hour drive to major urban centres, Antigonish is a family-friendly community with a diverse and growing population and provides access to excellent education at all levels. The town is surrounded by rolling countryside and beautiful beaches and is a hotspot for outdoor recreation, sports and other active lifestyle activities. Antigonish supports a vibrant culture in the arts with music, performing arts, visual arts and crafts, and fabulous festivals happening throughout the year.

For more information visit [www.townofantigonish.ca](http://www.townofantigonish.ca) or [www.visitantigonish.ca](http://www.visitantigonish.ca).