



# COVID-19

## Keeping Each Other Healthy

### COVID-19 SYMPTOM CHECKLIST

In accordance with Public Health guidelines, you must be able to answer NO TO ALL these questions to be present on the StFX campus.

1. Within the last 48 hours, have you had or are you currently experiencing fever (i.e. chills/sweats) OR Cough (new or worsening);
2. Within the last 48 hours, have you had or are you currently experiencing two or more of the following symptoms (new or worsening):
  - Sore throat
  - Runny nose/nasal congestion
  - Headache
  - Shortness of breath
3. Have you or anyone in your household been asked to self- isolate by a healthcare professional or has anyone in your household tested positive for COVID-19?

If you have answered YES to any of these questions, please call 811 and stay home until you either feel better or receive clearance from public health officials to return to your normal activities.

**By signing below, I confirm that I have read the above, am symptom-free and have answered NO to all of the above questions.**

\_\_\_\_\_  
Name

\_\_\_\_\_  
Organization/Group

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

*This information is consistent with the revised list of COVID-19 symptoms updated by the Nova Scotia government on September 23, 2020.*

#XOutCovid

