



# COVID-19

Keeping Each Other Healthy

## COVID-19 SYMPTOM CHECKLIST

Every day before coming to campus (or leaving your residence room) please conduct this questionnaire. You must be able to answer **NO TO ALL** these questions to move about campus.

1. Do you have a fever greater than 38°C or 100.4°F?
2. Do you have a new cough or a cough that is getting worse?
3. Do you have a sore throat or hoarse voice?
4. Do you have a runny nose or sneezing?
5. Do you have a headache?
6. Do you have shortness of breath?
7. Do you have muscle aches or unusual fatigue?
8. Do you have diarrhea?
9. Do you have a loss of smell or taste?
10. Do you have red, purple, or blue lesions on your toes?
11. Have you, or anyone in your household, been asked to self-isolate by a healthcare professional or has anyone in your household tested positive for COVID-19?

If you have answered **YES** to any of these questions, please consult [811.novascotia.ca](https://811.novascotia.ca) and stay home (or in your room) until you feel better.

