



RETURN TO CAMPUS Phase 1

COVID-19 Symptoms Checklist

To prevent the spread of COVID-19 and reduce the potential risk of exposure to our workforce, please conduct this questionnaire daily (before you come to work):

1. Fever (chills, sweats)
2. New or worsening cough
3. Sore throat
4. Headache
5. Shortness of breath
6. Muscle aches
7. Sneezing
8. Nasal congestion/runny nose
9. Hoarse voice
10. Diarrhea
11. Unusual fatigue
12. Loss of smell or taste
13. Red, purple or bluish lesions on the feet, toes or fingers that do not have a clear cause
14. Anyone in your household waiting for results from a COVID 19 test.
15. Anyone in your household been asked to self isolate by a healthcare professional.
16. Anyone in your house tested positive for COVID-19.
17. Anyone in your household has travelled out of province within the last 14 days.

If you answer YES to any of the above questions, please notify your supervisor and do not proceed to work. Please refer to the province's online 811 assessment tool found here for further information: <https://811.novascotia.ca>.