



## SNACKS

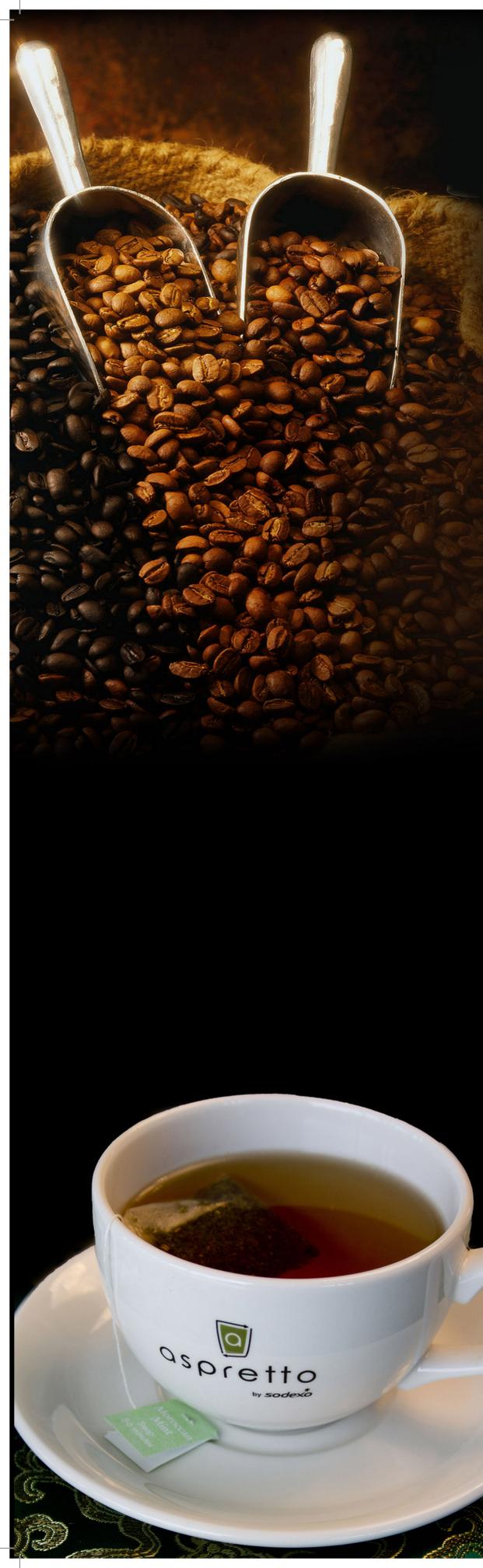
Fresh Fruit	1.45
Fruit Cup	3.75
Grapes & Cheese	4.45
Hummus & Pita	3.85
Veggie & Dip	3.85
Cheddar Cheese	0.95
Vector Bar	2.10
Nutri Grain Bar	1.55
Yogurt Parfait	3.80
Chips	1.45
Pringles	1.65
Oikos Yogurt	2.10

## FRESH FROM THE OVEN

Bagel	2.10
Cream Cheese	0.65
Muffin	1.80
O'Goodness Natural Energy Bars and Cookies	2.60
Gourmet Cookies	2.30
Breakfast Cookie	1.60
Oatcake	1.55
Mini Loaf	1.55
Butter Tart	1.75
Cinnamon Crunchy	1.80
Chocolate Bar	2.10
Crossroad Dessert	2.85

## SOUPS, SALADS & SANDWICHES

House-made Soup or Chili	4.05
Daily Dinner Salad Creation	6.15
Gourmet Sandwiches - Gourmet sandwiches on artisan bread with fresh toppings hot off the press	7.35
Rita Wrap - It's an X thing!	6.65
Veggie Wrap	5.25
Daily Soup or Salad & Gourmet Sandwich	9.50



## HOT DRINKS

	12 oz	16 oz	20 oz
Aspretto Coffee	2.00	2.30	2.55
Americano	2.35	2.80	3.20
Cafe Mocha	4.10	4.90	5.10
Cappuccino	3.40	4.40	4.60
Caramel Macchiato	4.25	4.90	5.10
Latte	3.40	4.40	5.10
Chai Latte	4.20	4.90	5.10
London Fog	3.40	4.25	4.60
Steamer	2.35	2.80	3.20
Hot Choco Supreme	3.40	3.90	4.40
Carnation			
Hot Chocolate	2.00	2.60	2.90
Steamed			
Chocolate Milk	3.40	3.90	4.40
1/2 & 1/2 Coffee			
Hot Chocolate	2.90	3.60	3.90

## OTHER

Fresh Fruit Smoothie	4.10	4.90	5.35
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## ESPRESSO SHOTS

Single	2.35
Double	2.90

## HOT TEA

Numi Organic Tea	2.15
Red Rose Tea	1.70

## ADD-ONS

Flavour Shot	.85
Bottled Pop 591ml	2.15
Aquafina 591ml	2.15
Pure Leaf Iced Tea	2.65