



March 30, 2020

Greetings Friends:

We are reaching out to let you know we are thinking of you as you grapple, both personally and professionally, with the COVID-19 crisis that is sweeping the world. In my role as Chair of the MEd program, I want to reassure each of you about your program of study. As a continuing student, your upcoming spring courses will continue. If, however, you are feeling overwhelmed, please contact me and we can look at some options to make your workload manageable. Also, if you feel a course is too much to do at this time, you can certainly step out of the course entirely and resume your studies at a later point. We are here to support you in whatever decision you see as best for your particular situation, and rest assured, we will be accommodating and flexible in our approach.

We are also planning for the summer semester with the possibility that all courses will be through a fully online mode of delivery. If the situation changes, and we are authorized to resume course delivery as usual, we will certainly move back to a face-to-face format for those courses in which this was to be the norm.

We realize the current situation can be unsettling, but your health and well-being should remain as the most important thing, so please look after yourself and each other. The University has shared the following resources, and I would also draw them to your attention:

- [Healthy Minds NS](#)
- Good2TalkNS: 1-833-292-3698
- Crisis Text Line: text "GOOD2TALKNS" to 686868
- NS Mental Health Crisis Line: 1-888-429-8167
- To arrange a phone meeting with a StFX Health and Counselling Centre staff member, email idrouin@stfx.ca

As always, if I or any member of the Program Office can assist, please don't hesitate to ask, as we are all here to help.

Sincerely yours,

David Young, Ph.D.
Professor and Chair, Department of Curriculum and Leadership

Cc: Dr. Janice Landry, Director, Continuing & Distance Education
Dr. Jeff Orr, Dean of Education